


**NETWORK LIKE**

 KIDCHAN

# Wheel of Life

# 69%

of people feel trapped

3 out of 10 people feel they  
are happy

*telegraph*

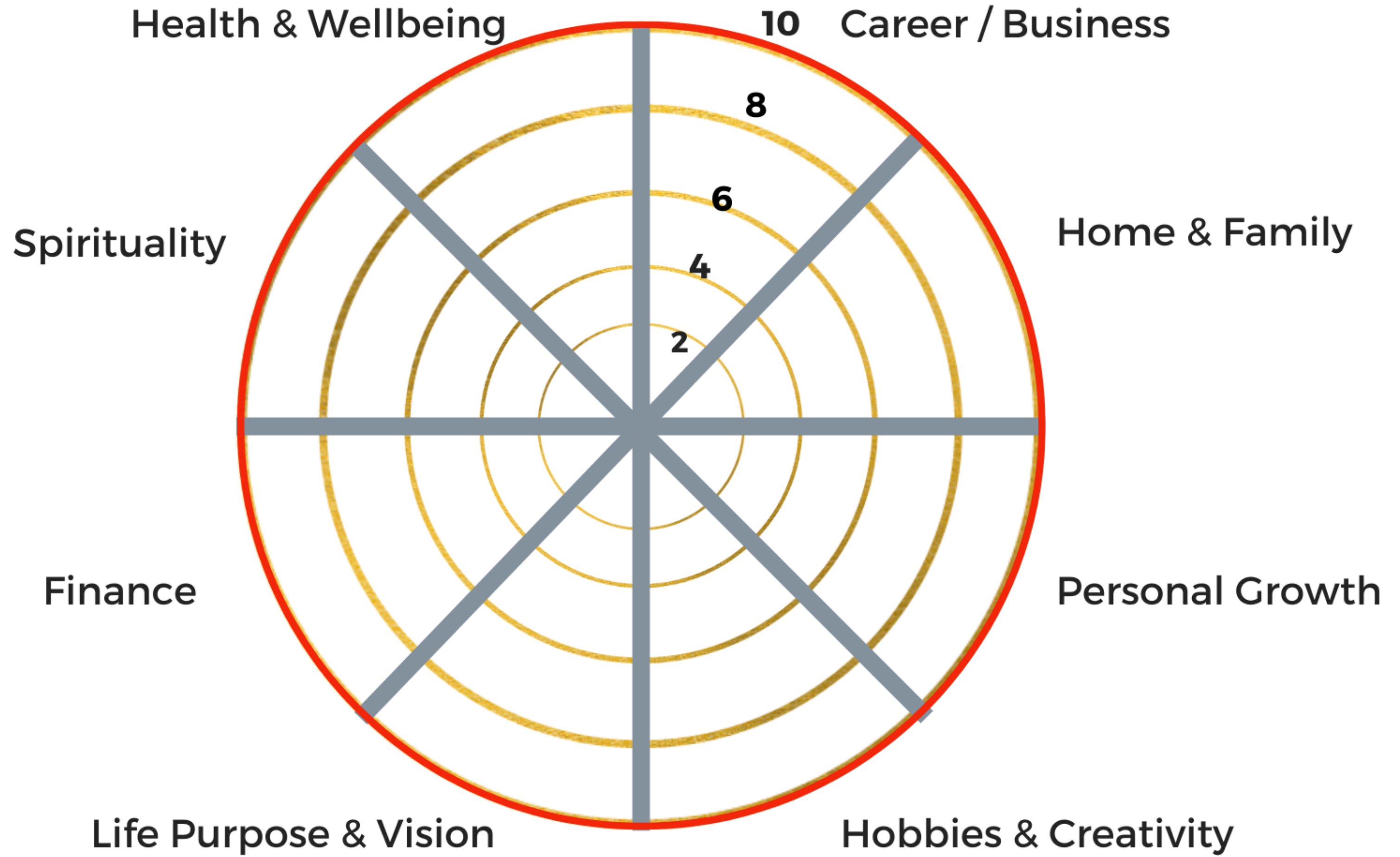
There are things that we know.  
There are things that we know we  
don't know about.  
& There are things that we don't know  
we don't know about.



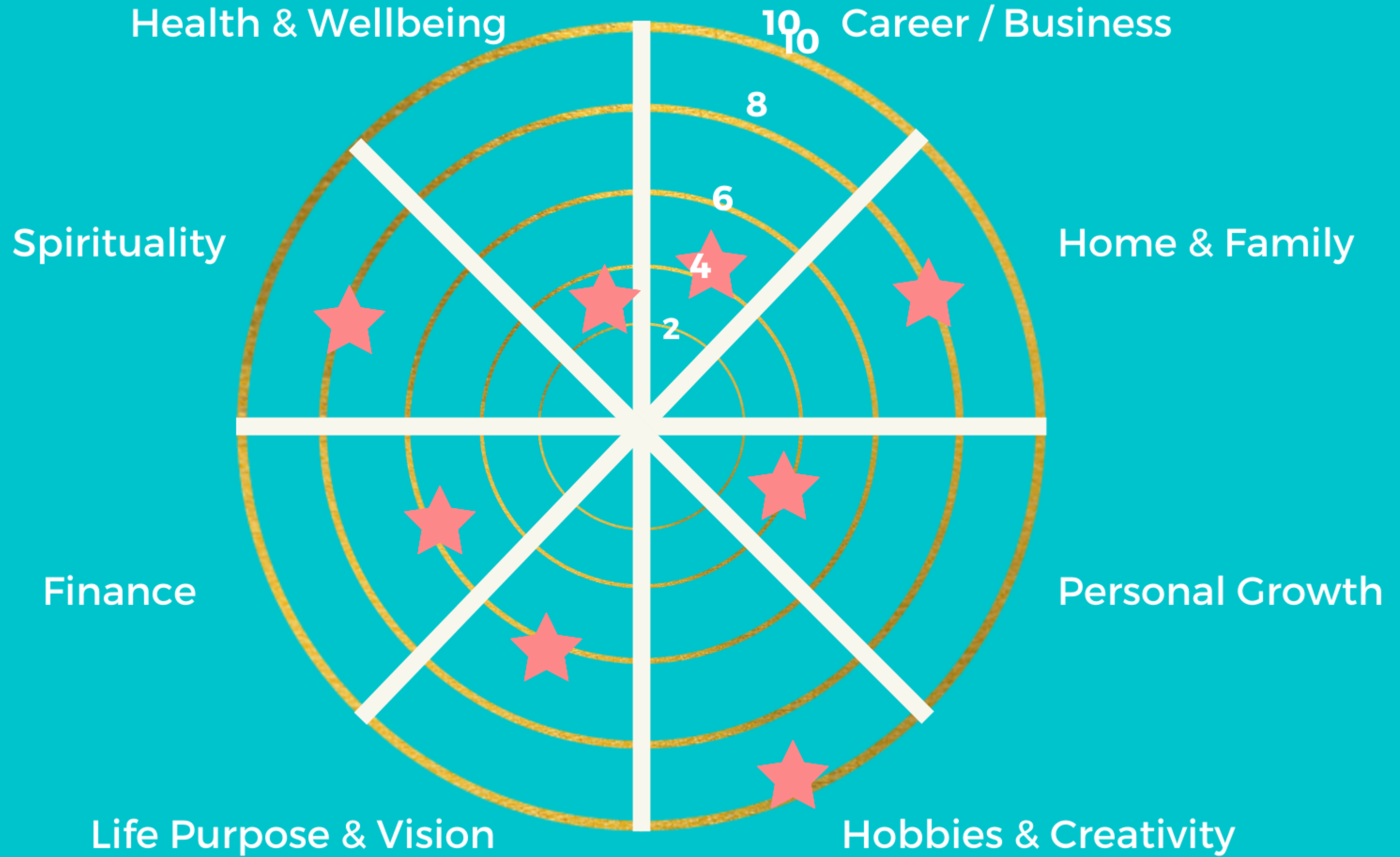




# Wheel of Life



# Wheel of Life





# Describe your Goal

## – Be specific

# Health and Wellbeing

### **REALITY**

65kg

### **OPTIONS**

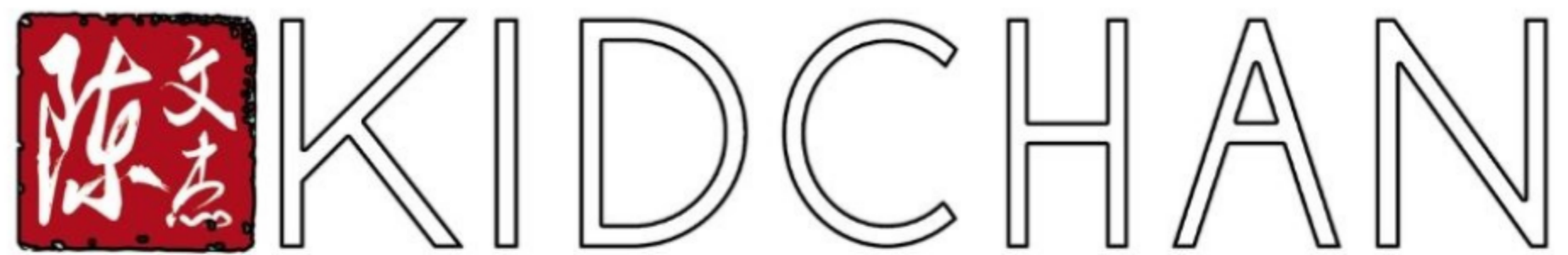
Stay this way  
or  
Lose weight

### **VISION**

Down to 50kg

### **ACTION**

PLANs



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TIKTOK  
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**THANK YOU**